

Helping Busy Families Talk About Faith

by Kara Powell



Getting Started

Here are a few questions for you to consider as you prepare to watch the training:

- Why do you think families don't take the time to talk about faith?
- How do you feel when students ask you tough questions about faith?
- How do you handle having doubts while on your own faith journey?



Training Notes

Doubts Happen: Teenagers have tough questions about faith.

70% of graduates admit to having doubts about their faith.

It's not doubt that's toxic to faith. It's silence.

4 Ideas to Help Busy Families Talk About Faith

IDEA #1:

4 key words: "I don't know but..."

IDEA #2:

Help parents say, "I'm sorry..."

IDEA #3:

Give parents discussion questions.

IDEA #4:

Help parents share their spiritual journey.

Reflection questions:

To get the most out of your online video experience we encourage you to take some time to answer the following questions:

- Helping parents can be intimidating (especially if you're not a parent yet). What parent comes to mind who needs to hear what you learned today? Begin to pray for an opportunity to encourage them.
- What has been helpful to you in people's responses when you have expressed doubts about your faith to them?
- Brainstorm a few discussion questions you might be able to give parents that they can use to spark faith conversations with their children.
- Take a moment to pray for the parents in the ministry you serve in.



ABOUT THE AUTHOR

Kara Powell

Kara Powell is the Executive Director of the Fuller Youth Institute (FIY) and a faculty member at Fuller Theological Seminary. Named by Christianity Today as one of "50 Women to Watch", Kara serves as a Youth and Family Strategist for Orange, and also speaks regularly at parenting and leadership conferences. Kara is the author or co-author of a number of books including *Growing Young*, *Sticky Faith*, & *Deep Justice in a Broken World*.

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